

SERVE IT UP, SISTER!



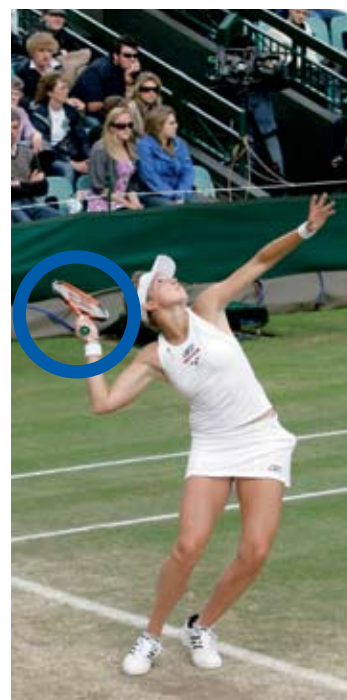
1 An unusual start to a serve. The racquet arm take-back is out to the side and Krajicek's arms are not moving up and down together. It's a very wide and side-on stance.



2 Here she moves quickly into a great position with her racquet arm. The ball toss arm is extended well.



3 The back foot comes up. There is a great curve in her body arm, which means she's ready to launch the racquet.



4 Now she's in a good position under the ball. Her racquet lays back, but not too much.



Pat Cash, who won Wimbledon in 1987, contributing to a total of seven singles titles during his career, reached a career-high world No. 4 ranking. The Melbourne-born champion will also be remembered as one of Australia's finest Davis Cup players. The classic hard-fighting serve and volleyer also reached the final of the Australian Open in 1987 and 1988, the first year at Melbourne Park.

He currently runs the Pat Cash International Tennis Academy at Hope Island Resort on the Gold Coast. For more information, log on to www.patcash.net, where you can also view previous **Australian Tennis Magazine** instructional articles from Pat.

Photography by John Anthony

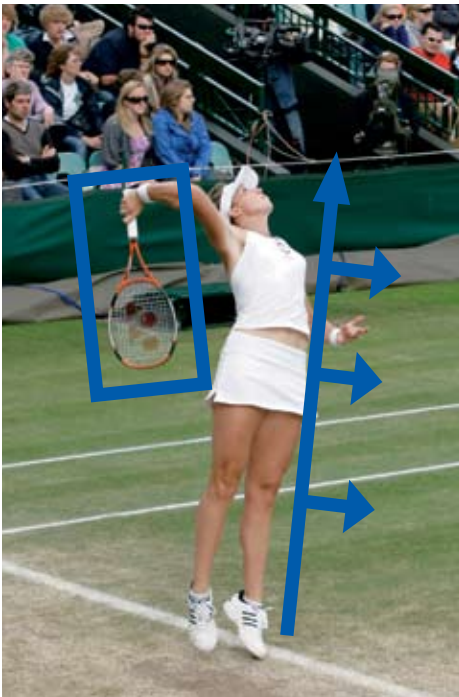
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Dutch teenager **Michaella Krajicek** has already claimed three Sony Ericsson WTA titles and reached a career high ranking of World No. 32.

Just like her older brother Richard, a huge weapon in the 18-year-old's game is her **big serve**. The successful stroke has been developed in a way that uses Krajicek's natural height and power to the best advantage.

You might not have the same height as the 177cm Krajicek, but you can at least learn from her impressive technique.

By Pat Cash



5 There is great extension up and forward. Krajicek is using her height to full advantage. Note there is also perfect racquet position as well.



6 At contact, Krajicek's body and head have rotated around to face the court.



7 Because of her good body position Krajicek lands inside the court, having used her height and good technique to the max.

Next month:

New York, New York. All the news – including photographs, interviews and comprehensive results – from the US Open.