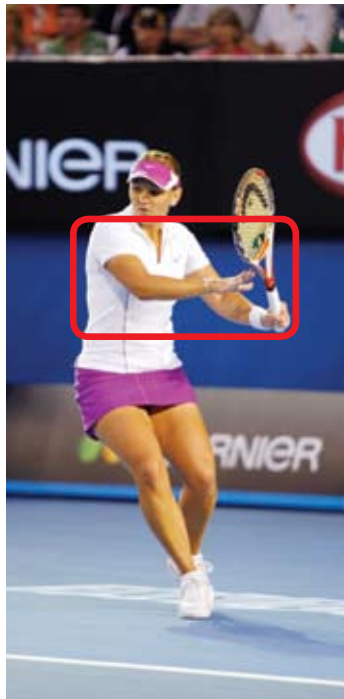


# CASEY'S KILLER TOUCH



**1** Casey almost walks across the baseline – and very smoothly. She’s waiting with a grip that’s almost western.



**2** Notice the good right arm turn as Casey keeps her racquet upright and her eyes firmly on the ball.



**3** With this western grip, the racquet faces towards the ground.



**4** The right arm starts to pull the body open.



**Photography by John Anthony**

*Pat Cash, who won Wimbledon in 1987, contributing to a total of seven singles titles during his career, reached a career-high world No.4 ranking. The Melbourne-born champion will also be remembered as one of Australia’s finest Davis Cup players. The classic hard-fighting serve and volleyer also reached the final of the Australian Open in 1987 and 1988, the first year at Melbourne Park.*

*He currently runs the Pat Cash International Tennis Academy at Hope Island Resort on the Gold Coast. For more information, log on to [www.patcash.net](http://www.patcash.net), where you can also view previous **Australian Tennis Magazine** instructional articles from Pat.*

After a breakthrough Australian summer, **Casey Dellacqua's** rise to fan favorite was as swift and definite as her ascension to top-ranked Australian woman.

An obvious work ethic and admirable off-court disposition aren't the only qualities that make this West Australian a great role model.

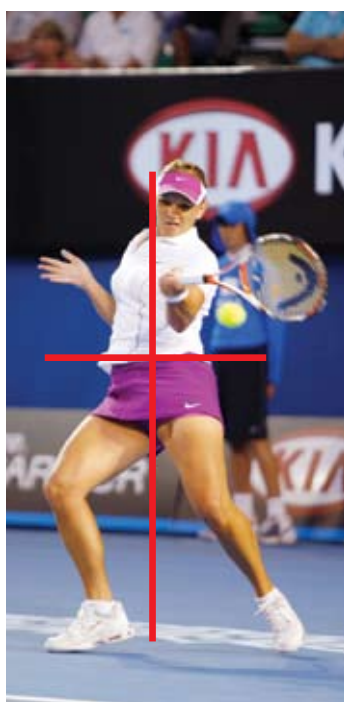
Among Dellacqua's still-developing weapons is a **killer forehand** that should trouble the game's big names for many tournaments to come.

The simple but powerful shot is a great example to students of the game.

**By Pat Cash**



**5** Like all big forehands, Casey's wrist is laid back along the way.



**6** The contact comes nice and late, which enables Casey to rotate. Notice the fantastic even shoulder balance and lack of body tilt.



**7** Casey's wrist rolls over and she shifts her weight to the inside as she starts to push off.



**8** The extreme wrist action provides the Aussie No. 1 with the little extra power that's required to make her forehand a killer shot.

## Next month:

*As attention turns to the season's second Slam at Roland Garros, we consider one key question – how tightly are Roger Federer and Justine Henin holding onto their World No. 1 rankings?*